



IMA FOCUS

Vol. 14 Issue - 7 April - 2024, Place Bengaluru, Monthly, English, Pages - 32, Price. 1/-



*IMA-KSB President
Speaks On 23rd of Every month
On Zoom Platform*

Meeting ID : 594 076 5774 | Passcode : imaksb





Building a Healthy Community with Affordable & Accessible **HEALTHCARE**



Established in 2006, **Suguna Hospital** in Rajajinagar, Bangalore, stands out as a prominent multispeciality healthcare provider. Recognized for providing advanced and affordable medical solutions, our facility ensures round-the-clock emergency care, including ambulance services, a team of skilled specialists, and state-of-the-art technology. Suguna Hospital is now known to be one of the **Best Reviewed Hospitals In Bangalore.**

Medical Specialities

- + General Medicine
- + Cardiology
- + Orthopaedics
- + Nephrology
- + Gastroenterology
- + Obstetrics & Gynecology
- + Paediatrics & Neonatology
- + Urology
- + Ophthalmology
- + ENT

Surgical Specialities

- + Orthopaedics & Joint Replacement
- + Renal Transplant Surgery
- + Peripheral Vascular Surgery
- + Neuro Surgery
- + Surgical Oncology
- + Obstetrics & Gynecology
- + General & Laproscopic Surgery
- + Plastic Surgery
- + ENT
- + Cosmetic & Reconstruction Surgery

Diagnostic Services

- + CT Scan
- + Ultrasound
- + X-Ray
- + Bio Chemistry
- + Pathology
- + Haematology
- + Microbiology &erology
- + Histopathology

24/7 FACILITIES



24/7 Emergency Services



ICU, NICU, CCU



Operation Theatres



Laboratory & Diagnostics



24/7 Pharmacy



24/7 Dialysis

Always Caring. Always Here For you.

AFFORDABLE AND ACCESSIBLE HEALTHCARE
Serving You 24/7

For Appointments, Call:
080 4019 4444
080 2332 7777

1A/87, Dr Rajkumar Rd,
Rajajinagar, 4th 'N' Block,
Bengaluru, Karnataka 560010
www.sugunahospital.com

EDITORIAL BOARD**PRESIDENT**

Dr. S Srinivasa
93412 38129
drsrinivasa7@gmail.com

EDITOR

Dr S M Prasad
98451 05122
smprasad63@gmail.com

SECRETARY IMA FOCUS

Dr. Siddalingappa G
9845319315
siddalingappa1234@gmail.com

HONORARY TREASURER

Dr Vijayasaradhi A
95351 56734
dravs73@yahoo.com

EXECUTIVE EDITORS

Dr B P Karunakara
9845263322 / 9606034325
bpkaruns@gmail.com

Dr. Shivakumar B Lakkol
9448560400 / 9606034326
sblakkol@yahoo.co.in

CO-EDITORS

Dr K.G. Shankarnarayana
98450 65527
drshankay@yahoo.com

EDITORIAL BOARD

Dr Ravindra R
98450 34546
dravindra@sugunahospital.com

Dr. Aravind Patel
9448918764
draravindpatel@gmail.com

Dr. Soumya Y J
9845222245
soumyayjis@gmail.com

Dr. Dinesh Hegde
9448153406
mahalaxmisrs@yahoo.com

Dr. Harish Delanthebattu
9844025552
drharishad@gmail.com

Dr. ShriShailesh Amarkhed
944815525
drshrishailesh@yahoo.co.in

Dr. R. Jyothi Swaroop
9844190463
drswaroop@yahoo.com

Dr. Mallikarjun Panshetty
9243230100
mpanshetty@gmail.com

STATE OFFICE BEARERS

Dr. V.V. Chiniwalar
9448122978
drvcv2011@gmail.com

Dr. M.N. Rajagopal Setty
9448052256
drrajgopalsettymn@gmail.com

Dr. Kiran Deshmukh
9845279693
drkirandeshmukh8@gmail.com

Dr. Pavankumar Patil
6364149150
drpavanpatil@gmail.com

Dr. A. Savithri
9448237716
savithrilakshmi.kanth@gmail.com



Editorial

From the Desk of
Prof. Dr. S.M. Prasad

Dear seniors, colleague and friends,

!! Greetings from the Editorial committee of IMAKSB!!

All the official bearers of IMA KSB along with State working committee members and state council members had the meeting at Bhadaravathi on 28-04-2024. Various issues and important decisions were taken for the betterment of the Medical professional and related subjects. We thank IMA Bhadravati branch to host the event in a convenient location and hall.

IMA with member strength of more than 367774 has proudly presented the Health Manifesto, which has aimed health care providers to attain the highest levels of scientific knowledge. This manifesto endeavors to identify the major short comings in the health policies of India and to search the remedial actions against the backdrop of the current and emerging challenges in the health care. The recommendations are in the line with WHO concept of Universal health coverage and with the spirit of UN sustainable development goals. IMA expects law makers and decision makers to use this to ensure the best solutions are delivered in health care.

IMA urges the government to prioritize health as fundamental human right and to develop a robust and compelling public health empowered plan, equally prioritizing physical, mental and social wellbeing. IMA is committed to create empowered action groups (EAG) consisting of expert groups which will interfere with IMA Leadership, private and public institutions to shape policies and provide technical guidance to the relevant stake holders.

It is very unfortunate to observe that even after the **Mixopathy** issues and concerns by IMA both at National level and state level, present syllabus as per NMC includes the alternate system of Medicine in the Allopathy Medical colleges. Though it is not being followed those IMA members working in Undergraduate Medicine teaching institutions need to keep on alert not to create confusions among the upcoming students of allopathy medicine. If same thing continue alternate system of medicine will gradually percolate in allopathy over period of 5 to 6 years. Also, all of us know that the state Medical universities are the final administrators for all systems of Medicine whether it is ALLOPATHY related or AYUSH related in many states.

Kindly encourage your doctor friends, your alumni & colleague at workplaces to join IMA life membership and to protect themselves and families with the health, protection, social security schemes available under IMA Karnataka State Branch.

Jai Hind

Jai Karnataka

Long Live IMA





President's Message

Prof. Dr. Srinivasa. S

Greetings from IMA KSB.

Happy Ugadi and happy Shree Ramanavami to all the IMA members of our state.

I also wish happy Ramzan to all our Muslim IMA members.

I thank Dr Suriraju the past president, Yelahanka branch for accepting my request instantly and providing the advertisement in our focus.

I also thank and complement Hassan IMA President Dr.H.R.Devadas and Dr.Dinesh, Secretary for their tremendous show in organising Swaranjali a state wise singing competition and I congratulate all the winners.

I also thank our senior leader Dr Honnegowda sir for involving enthusiastically in the success of this event.

My sincere thanks to all our senior CWC members for their active participation in chennai CWC meet, they spoke really well about current problems what IMA is facing.

Our Anti quackery chairman Dr Sandheep Prabhu spoke very well about KPME and other Medico legal problems, it was appreciated by everyone including National president Dr Asokan.

I should appreciate Tamil Nadu IMA team and

Tamparam IMA branch leaders for their fantastic arrangement at Chennai.

Our National IMA has given special task this time to distribute *The health manifesto* to all the MP contestants.

Myself and our Honorary State Secretary Dr Karunakara.B.P. have given the work to all our branch presidents and secretaries to distribute Health Manifesto to all their corresponding MP constituency candidates.

I should thank all our leaders who were actively involved in this work. My sincere thanks our Secretary Dr Karunakara.B.P. for his tremendous enthusiasm in contacting all the members.

I should thank all Sub-Committee chairpersons for their incredible enthusiasm in conducting academic programmes.

I should thank all our SWC and state council members for making our both meetings successful. I sincerely request all our branch presidents and secretaries to collect the remaining GST from the branch members and credit it to KSB.

As summer is very unpleasant I request everyone to take care and hydrate yourself. Since KSSS and KSHS, KPPS yearly premium is due I request to remit as early as possible.

LONG LIVE IMA





Secretary's Message

Dr. Karunakara B.P.

Dear all,

Greetings from the IMA KSB !

Hope everyone enjoyed the festive season with family. Wishing a wonderful time with family at summer vacation to the schools. Scorching sun is a concern. Please take adequate measures and precautions to prevent related health issues.

The main highlight of the month was meeting parliamentary elections Candidates and submitting IMA health manifesto and the next was state working committee and council meetings held at Bhadravati.

IMA HEALTH MANIFESTO & CHARTER OF DEMANDS: IMA HQ has come out with the health manifesto and the charter of demands, to educate and orient the leaders and the governments about IMA's agendas, demands and concerns. IMA HQ has released the same, submitted to the government and did press release too. With an ambitious plan of wider dissemination of the same, directed all the state branches and the local branches across the country to meeting as many parliamentary elections candidates as possible and submit the health manifest to them. According, the activities are done across the country with an enthusiasm and purpose and has he come a major movement of IMA. At Karnataka too, it's been happening very actively and effectively. Most of the designated branches are doing the job. Both President and the Hon state Secretary are actively involved in tue campaign with reaching out to the candidates, coordinating

and guiding the branch office bearers and communicating the work to the headquarters. The movement is expected to bear the fruits in the next parliament.

875th SWC meeting at Bhadravati: The meeting held on 28.4.2024 at Bhadravati. The main agenda was nominating the new election commission to Conduct elections for the year 2024. After a detailed deliberations, the committee nominated Dr. Vikas as Chairman Election Commission, Dr. K G Somashekar and Dr. Sunitha Kurudagi as members of the commission. The was a an intense discussion on the previous elections, however the issue was laid to rest in the end of the discussion. There was suggestions about adopting digital election process. However, there was various concerns including the feasibility and hence was referred to the digital committee again to assess the feasibility (The digital committee, after the last working council meeting had studied the process and felt that it's not feasible). Various other agendas ware discussed appropriately. Many agendas were taken up in the council meeting and it will be discussed there.

310th State Council meeting: Held at Bhadravati on 28.4.2024 lived upto the expectations of a wonderful discussion and decision making. All the major works were presented and discussed and decided in the meeting. The council discussed in details about treasurer's report, GST, membership drive, nominating the election commission members, various committee activities, IMA KSB conference and all others.

A wonderful discussion happens on the current status of woman doctors wing. With the headquarters considering stopping it and incorporating the committee and the activities with the regular IMA activities, the issue gained importance. The members discussed strongly in favour of its existence and need to support it and suggested to write strongly in favour of continuing it to the headquarters.

The council considered the suggestion and permitted the Antiquackery sub-committee to go ahead with considering PIL on the issue. Various committees works were presented and appreciated. The legal committee highlighted the works done on bringing amendments to some of the important laws and clauses.

IMA KSB appreciated and acknowledged the responsibility shouldered by IMA Bhadravati!

GST: The seriousness of the issue was discussed in the state working committee. It was decided that all branches should take appropriate measures to mobilise the members to pay their contribution.

President monthly talk: President recollected the various important events happened over the month and discussed. Members actively participated and contributed to the discussion and decision making.

Public health committee is very enthusiastically organizing zoom meetings with wonderful topics and speakers.

IMA KSB Kannada Barahagarara Balaga is going strong with regular weekly webinar activities and well appreciated. Sammelana has been planned at Belagavi in the month of August.

There was request for starting 3 new branches. There was request to consider and approve Gnanabharati branch as an overseas branch. The council directed to refer to headquarters and decide accordingly.

We are happy to inform about receiving the long pending MSN dues from the headquarters. The money has been transferred to the MSN account and will be used exclusively for the meant purposes.

Extended dry spell, heat wave across the state at an unforeseen hot summer are bothersome to all in the state. There is unusually high temperature everywhere and people are praying for the mercy of rain god! The meteorological prediction augers hope with good rain this year. Let's hope for the best.

The same divinity resides within everyone so there are no grounds for treating anyone with hatred.

Jai Hind!

Jai Karnataka!

Long live IMA!

IMA LIFE MEMBERSHIP FEE

Google pay, Phone pay or NEFT

Sl	Life	Total Amount
1	Single	Rs. 13,007/-
2	Couple Life	Rs. 19,505/-

Account Name : IMA KSB
 Account No : 67070532832
 IFSC Code : SBIN0070242
 Bank : SBI
 Saving account Branch : Chamarajapete, Bangalore



Vice President's Message

Dr. Pavankumar N. Patil

Greetings to all the IMA family of Karnataka.

The tenure of my office as Vice President of IMA KSB has been so far going on good under the leadership of our STATE PRESIDENT Dr Srinvas sir. I represented IMA KSB in the prejudged meeting called by our Hon Minster for Health and Family welfare Shri Dinesh Gundurao, it was attended by many prominent Medical fraternity of our state.

Various points on improving the medical facility of our state be it in public establishment or private and also the collaboration schemes between govt and private. We have also raised our voice for improving the Ayushman Bharath scheme packages and the working pattern of the scheme especially with respect to the referral system and explained them how by removing this referral system it will improve certain health indicators of the state like MMR and IMR etc. We as a team also attended the CWC held at MGM resort Chennai. It was a very well conducted meeting and various issue of

medical fraternity have been addressed and clarified. Our state participation was well appreciated by the National president Dr Ashokan sir and also other national office bearers.

There is an appeal from national IMA for generous contribution to the centenary IMA BUILDING PROJECT. National IMA support to Hospital board of India (HBI) has successfully impleaded in the Supreme Court case of fixation of medical charges in private sector and is well taken by the Supreme Court and assured to hear out in detail on this matter. The matter is posted for discussion for 10th sept. As the national It sec of CGP I request good participation our members to the south zone CGP Conf being hosted at Rajmandary.

The SWC was nicely hosted at Badravathi and well attended by many members. Good discussions and decision happened. I thank all the members and seniors for the constant support and encouragement to do good for medical fraternity of IMA.

LONG LIVE IMA



BRANCH ACTIVITIES

Branch : Ankola
President : Dr. Dinesh L.Bhatkal
Secretary:



IMA Ankola had organised free camp for pregnant women and children in association with KLE R.N.Nayak Hospital on 06.04.2024- "World Safe Motherhood Day" and "World Autism Awareness Day". THO and CDPO inaugurated the programme. Health talk on Autism given by Dr Shashikant, Pediatrician. All the IMA members, Asha workers, Anganwadi workers were present. 17 ANC's happened and 21 children were treated in the camp.

Branch : Bengaluru
President : Dr.Madhushankar.L
Secretary : Dr.M.Mohankumar



On 27th March 2024: IMA ladies wing in association with Rotary Bangalore Midtown conducted Breast cancer screening at Srirampuram UPHC. Mammography was done to 40 pourakarnikas & gave reports. Dr. Sathyavathi K, Dr. Rajasree M B were Present. On 7th April 2024: On Occasion of World Health Day CME was organized by IAP. Bangalore Adolescent Health Academy in association with IMA Bangalore Branch EC Member Dr. Sathyavathi K, Dr. Anusuya S were present. On 28th March 2024: National Triglycerides Day. Celebrated by IMA WDW ladies wing Doctors Chairperson Dr. Anusuya S, Secretary Dr. Hemalatha B C. On 8th April 2024: IMA WDW ladies wing Doctors Dr. Anusuya S, Chairman WDW and Dr. Hemalatha

B C Secretary gave public awareness programme on cholera at Siddaiah Road Referral hospital Bangalore from 9AM to 1PM. On 14th April 2023: Dr. Ambedkar Jayanthi was celebrated at IMA Bangalore Branch on 14.4.2023. Dr. Mamatha M, Dr. Mahesh K M, Dr. Anusuya S were present. On 21st April 2024: 5th Public Health Guest Lecture (PHGL) was conducted in association with Cardiological Society of India-Bangalore Branch and Medical Education & Research Trust, Bangalore at the IMA Auditorium, IMA House Bangalore. This program was attended by 60 persons, under the leadership Dr. Mohan Kumar M, Hon. Secretary IMA Bangalore Branch Dr. Mamatha M, PHGL Chairman Dr. Anusuya S, Dr. H G Suresh EC member were present. Dr. Venugopal Ram Rao MBBS M.S M.ch. FICSS. FIACS Senior Consultant Cardiothoracic & Vascular Surgeon Hanumagiri Clinic, Bangalore gave a talk on "Birds eye view of cardiac surgeries". Dr. Yadhu Lokanath Neurosurgeon and spine Aster RV Hospital Bangalore gave a talk on "Causes for Neck and back pain prevention and treatment". Dr. Mohan Kumar M Hon. Secretary felicitated both the speakers with a Memento and Certificate. Every Saturday: IMA Bangalore Branch is conducting Free Medical checkup Camp in association with TTD Vyalikaval, Lions Club, Apollo Hospital and Srinivasa Health Care at TTD, Vyalikaval, 80 People attended the camp. Screened for Diabetes & Cardiac camp at TTD Devastanam in association with Bangalore Lions club.

Branch : Belagavi
President : Dr. R.B.Anagol
Secretary : Dr. Sushruth Kamoji



On 06.04.2024 7th working committee meeting and family picnic Held at Goa – Hotel Grand and attended by 70 members. 1st time working committee meeting was held outside Belagavi. 21.04.2024 IMA Belagavi in association with Adolescents Health Association of Karnataka, IAP BPA and Dept of Pediatrics BIMS and JNMC organised WORK SHOP on adolescent. Theme:- BEYOND THE BASICS. Speaker:- Dr Geetha Patil spoke on 1.Teenage – Golden Epoch of our life span. 2. Nutrition matters for the

Adolscents. Speaker:- Dr Rajaendra Salagare spoke in :- Priorities Adolscents Growth and developments. 3. Speaker: Dr Kishore Baidur spoke on Immunise Adolscents for better tomorrow. 4. Speaker:-Dr.Shailesh Patil spoke on Empower adolscents for the better digital future. 5. Speaker : Dr Yateesh Puajar spoke on Navigation adolscents Sexuality. 22/04/2024: As per directions of State IMA, met Congress Candidate Mr Mrunal Hebbalkar and submitted Health Manifesto. On 24/04/24: Met BJP candidate Mr. Jagadish Shettar and submitted Health manifesto.

Branch : Chikodi
President : Dr. Darshan Pujari
Secretary : Dr. Rajendra Dixit



Association of Surgeons of India Karnataka State Chapter in association with IMA Chikodi conducted Free Surgery Camp on 12th April. National stalwarts Dr.Probal Neogi President ASI, Dr. Narayan Hebsur Chairman KSC ASI, Dr. Maruthu Pandian Director Social Welfare Council, Dr. Ashok Godhi, Dr. Gurushantappa and other national surgeons along with surgeons of Chikodi Dr. Dayanand Nooli, Dr. Rohini Kulkarni, Dr. Ravindra Bhate, Dr. Maruti Musale, Dr. Abhijit Musale, Dr. Ankita Musale performed around 50 surgeries here at taluka place Chikodi. Surgeries were conducted in 4 hospitals. All anaesthetists of Chikodi joined with them. The move by Surgeons of Chikodi to conduct the free surgical camp was well appreciated by all the stalwarts of surgeons of India. With this move the surgeons have brought the name of IMA Chikodi at national level. CME was conducted on 14th April for general practitioners at Spoorthi farm house. Topics were (1). Febrile seizure and encephalopathy by Dr. Bhavana Koppada, Ped Neurologist KLE Belagavi. (2). Endocrinal issues in Pediatric practice by Dr. Meenaxi K. Ped Endocrinologist KLE Belagavi. (3) HPV vaccine by Dr.Rajendra Salagare, Chikodi. On 22nd April, IMA Chikodi led by President Dr. Darshan Pujari and Vice President Dr. Rajendra Dixit met Shri Annasaheb Jolle sitting MP and BJP candidate for Chikodi Lok Sabha Elections and discussed about issues and handed over IMA health manifesto.

Branch : Chitradurga
President : Dr.P.T.Vijayakumar
Secretary : Dr.K.M.Basavaraj

IMA New Branch inaugurated at Holalkere Sponsored by



IMA Chitradurga Branch. IMA KSB by President Dr.S Srinivas on 06.04.2024 as Chief Guest Dr. Mohan Kumar, Assistant Secretary attended the Program. Following Office Bears were elected unanimously as President Dr. H.S. Shivanna. Dr. C.H.Manjunath as Secretary, & Dr. Vinay.C Sajjan as Treasurer, Programme was sponsored by Vasavi Diagnostic Laboratory and Neuberg Anand reference lab. Vani.H.V & Dr. Narayanamurthy.C Directors of VDL Chitradurga were present. 2) General body Meeting was conducted on 06.04.2024 at IMA Hall Chitradurga, IMA KSB President Dr. S.Srinivas, Chief Guest inaugurated the meeting and highlighted the very important 10 manifestos which was prepared by IMA State Branch & advised members to keep good relationships with Media, Police & Public, Dr.Mohan Kumar, Assistant Secretary IMA KSB was present. BMC Hospital Suptd Dr.L.Palakshaiah & District Surgeon Dr.S.P Ravindra were present on dias. Secretary Dr. K.M Basavaraj was given welcome speech and read Branch activities in detail. Dr.P.T.Vijaykumar President is highlighted the future programme planned for the year 2024.

Branch : Dharwad
President : Dr. Satish Irkal
Secretary : Dr. Suhas Hanchinamani



On 26th march 2024 IMA Dharwad celebrated Holi Utsav on 26th march 2024 at Shreya farms Salkin Koppa Dharwad. More than 90 IMA members including families attended the celebration with colors, dance and music. On 6th April 2024: IMA Dharwad conducted monthly meeting was conducted. Topic: "Vascular Surgery - It's Role in today's Practice" by IMA president Dr Satish Irkal, joint secretary Dr Suhas Hanchinamani, treasure Dr Sapan and

IMA members attended the meeting. On 6th April 2024 Same day IMA Dharwad conducted CME on vascular surgery: its role in today's practice with Dr SHASHANK SUNIL KARI guest speaker. He high lightened recent advances in vascular surgery. Dr Mallikarjun Desai was the chief guest. On 6th April 2024 Same day IMA Dharwad invited Dr Y N Irkal, Senior most surgeon of Dharwad. He shared his journey and vast experience with the members. On 6th April 2024 Same day IMA Dharwad released IMA bulletin – Variola and New IMA members with recognized. On 6th April 2024 IMA Dharwad met honorable central minister Mr Pralhad Joshi and presented a manifesto regarding the need of reforms in Indian Health Care system. IMA president Dr Satish Irkal, treasure Dr Sapan and senior IMA members attended.

Branch : Gadag
President : Dr G.S.Palled
Secretary : Dr Chandrashekhar S.Bellary



Organised CME on “Vascular and interventional Radiology” by DR Venkatesh.H.A, Intereventional Radiologist from Suchirayu Hospital. Another topic “Introduction to Interventional Pulmonology” by Dr Govind Desai, Interventional Pulmonologist from Suchirayu Hospital. IMA GADAG distributed free spectacles to needy children in and around Gadag district. From IMA Gadag senior members attended CWC Committee meeting held at Chennai. Dr.Rajashekhar S Bellary Past President IMA-KSB donated Rs.1,00,000/- for central IMA Building. IMA GADAG organized mega health camp as a part of Gadag Jatra celebrations. IMA GADAG Office bearers handed over a health manifesto and charter of demands to Ex. CM and Haveri Gadag MP Contestant Shri.Basavaraj Bommai. IMA GADAG Office bearers handed over a health manifesto and charter of demands to Haveri Gadag MP Contestant Shri. Anand Gaddadevaramath.

Branch : Gangavathi
President : Dr.Veena A.Satish
Secretary : Dr.Archana Patil

On 25.03.2024: Adolescence health education program was conducted at MNM school Gangavathi. about 150 girls were educated about menstrual hygiene, nutrition and exercise. April 2nd 2024 – Autism awareness held at Amar



Hospital. Usage of Mother & child health card, avoidance of screen exposure in children less than 2 yrs & awareness talk about Autism was delivered to the parents & care givers. April 7th 2024 – On the occasion of world health day free health camp was conducted for municipality staff in IMA hall where specialists from department of General medicine, Gynecology, ENT, ophthalmology, orthopedics and General surgery which was attended by around 100 people and blood tests like GRBS and Haemoglobin was done and BP was checked where newly detected diabetic and hypertensive. April 7th 2024 – Women's day celebrations was done at Hampi Feathers resort , which was attended by all the women IMA members and a senior gynecologist Dr Nirmala J Gouda was felicitated on the same day. April 11th 2024 – On the occasion of National safe motherhood day on 11th april pregnant women were educated about regular antenatal checkup, diet , exercise, breastfeeding and contraception and spacing between two children. April 18th 2024 – On April 18th Dr Avinash Padmashali an ENT surgeon did a visit to local old age home and did general examination and ENT examination and provided with basic medicines for ailments detected on the same day. April 24th 2024 – In collaboration with DHO and FWO officer on 24th April free ENT health camp was conducted by Dr Avinash Padmashali ENT surgeon where around 150 members were screened for ear diseases and hearing loss and congenital hearing loss and treated for sae referred conginatal hearing loss kids for cochlear implant surgery under government scheme which is NPPCD.

Branch : Holalkere
President : Dr.H.S.Shivanna
Secretary : Dr.Manjunath.C.H



On 06.04.2024 Inauguration of IMA Holalkere Branch at Govt. General Hospital, Main Road, Holalkere. Inaugurated by Prof. Dr.S.Srinivasa, President, IMA Karnataka State Branch along with Past Vice President Dr.C.Narayana Murthy, Dr.Vijayakumar and Dr.Basavaraj The same day CME Programme was conducted. In association with Vasavi Lab, Chitradurga. About 30 members attend the CME.

Branch : Honnavar
President : Dr.Vishal.V
Secretary : Dr.Vinayaka Raikar



On 23.03.2024 CME Program was conducted. Topic: "Being Developmentally Informed" with a special focus on ADHD and Autism spectrum disorders by Dr Avinash Kamath, Child and Adolescent Psychiatrist, KMC hospital, Mangalore, Around 20 doctors participated in the event.

Branch : Hubli
President : Dr.Venkatesh Mulimani
Secretary : Dr.Anand Varma



On 22nd March 2024: The 5th Managing Committee meeting of IMA Hubballi branch for the year 2023-2024 was held at Cotton County Club, Hubballi. Around 60 members attended the meeting. On 24th March 2024: IMA Hubballi Branch in association with IMA WDW Hubballi organized Walkathon (Footsteps for healing, Women doctors leading the way) at KIMS campus, Hubballi. Dr S.F.Kammar - Director, KIMS, Dr Ishwar Hosamani - Principal, KIMS and Mrs. Gore flagged the walkathon. Chairperson WDW - Dr Bharti Bhavikatti, Secretary WDW - Dr Asha Patil, Treasurer IMA Hubballi - Dr Sheetal Hiregoudar, Dr Subhas Babruwad, Dr Shahsikala

Hosamani, Dr S.Y.Mulkipatil, Dr Manjunath Nekar, Dr Sunil Jituri, Dr Sangeeta Antartani, Dr Renuka Dugani and other members participated in the walkathon. Around 70 participants completed the walkathon successfully. On 6th April 2024: The 6th Monthly meeting of IMA Hubballi branch for the year 2023-2024 was held at Hotel Naveen, Hubballi. Around 110 members attended the meeting. On 6th April 2024: IMA Hubballi Monthly CME was held at Hotel Naveen, Hubballi. Dr Sathyaki Nambala, Chief Surgeon, Dept. Of Robotic and Minimally Invasive Cardiac Surgery, Apollo Hospital, Bangalore spoke on Understanding Robotic Cardiac Surgery! When & Why?. Dr Girish B. Navasundi, Senior Consultant & Interventional Cardiologist, Director, Cathlab, Apollo Hospital, Bangalore spoke on Advances in Cardiac Interventions. Around 135 members attended the CME. On 7th April 2024: IMA Hubballi branch organized Annual Sports Meet on the occasion of World Health Day at BDK Cricket Ground and Talent Sports Club, Hubballi. 6 teams participated in the Cricket tournament - IMA Hubballi, IMA Gadag, IMA Bagalkot, KIMS Hubballi, KGMOA, Dharwad and IDA Hubli-Dharwad. IMA Bagalkot team were the winners and IMA Hubballi team were the Runners up. Table Tennis and Badminton tournaments for Men and Women were organized at Talent Sports Club, Hubballi. More than 160 members participated in the IMA Annual Sports Meet. On 19th April 2024: IMA Hubballi Branch in association with IMA WDW Hubballi observed World Autism Awareness Day & organized a street play on Autism along with the Nursing students of KIMS nursing College in KIMS Campus. The students enacted a play to create awareness to the public about autism and to seek medical help as early as possible. Dr. Renuka Dugani, Developmental Pediatrician also spoke on the occasion. Dr Ishwar Hosamani - Principal, KIMS, Dr Venkatesh Mulimani - IMA President, Dr. Anand Varma - IMA Secretary, office bearers of WDW & various medical students were present.

Branch : Jamkhandi
President : Dr.H.G.Daddi
Secretary : Dr.Biradar



On 26.03.2024 Talk on Healthy Life Style at local university. On 23.04.2024 Health Talk (Food & Health) for students at Yoga Camp at Yogashram Hulyal. On 24/04/2024 Meeting

with Bagalkot MP Candidate Discussed about problems faced by Doctors community. Dr. H. G. Daddi President IMA Jamkhandi nominated to Prasara of Bagalkot University, Jamkhandi

Branch : Koppa
President : Dr Anita N Rao
Secretary : Dr Sania Sabahi



On 30.03.2024 CME was conducted at IMA hall. In association with Aster RV Hospital Bangalore. Dr Diwakar Bhat, Cardiothoracic surgeon, gave a lecture on "Cardiothoracic & Vascular Surgery - Potpourri". Dr Girish S P Gastroenterologist spoke on "GI cancers- Where are we now". Attended by more than 70 doctors. On 16/04/2024, program was conducted for public by renowned singer from Sringeri Vidushi Smt. Savithri Prabhakar and team. Devotional and Bhavageethe program was much appreciated and we honoured the singers. On 19/04/24 Eye screening program was conducted by Abhinava Vidya Theerhta Multi speciality hospital ophthalmology team. 102 patients were benefitted. On 24/04/24, CME was conducted by Dr Niranjana P.B, Asst Professor Subbaiah Medical college Shimoga on "Interesting cases in Upper and Lower GI Endoscopy". Well attended by IMA members.

Branch : Kumta
President : Dr. Viswas Naik
Secretary : Dr. Naveen



On 12.04.2024 CME Programme was conducted. Topic: "Awareness and update on epidemiology talk of Kyasaur forest disease" on behalf of recent upsurge in cases and death in Uttara Kannada under the guidance of Taluka

health authority, and district health administration. Dr Shrinivas Nayak And Dr Ajnya Nayak were the speakers which was attended by IMA Kumta members conducted at THO office Kumta.

Branch : Kundapur
President : Dr Pramila Nayak
Secretary : Dr Mahima Acharya



Dr K S Karanth presenting the IMA Health manifesto to MP candidate Mr Jayaprakash Hegde. As he could meet him today evening only I could not send the photo earlier. Please accept it for IMA Focus. CWC member (reg.) Dr.K.S.Karant from Kundapura handing over the Health Manifesto on behalf of IMA KSB to Sri.Jayaprakash Hegde, candidate in the fray of Udupi- Chikmagalur. IMA Kundapura President Dr Pramila Nayak & Secretary Dr Mahima Acharya met Mr Kiran Kodgi (MLA Kundapura) & Mr Gururaj Gantihole (MLA Byndoor) and handed over IMA Health Manifesto to them. They discussed the issue and assured to put forward the matter to the MP candidates of Udupi – Chikmagalur constituency. IMA Kundapura monthly CME was held on 20.04.24. Dr Gajanan Bhat, Consultant Urologist, Consultant in Sexual Medicine, Sirsi delivered the talk.

Branch : Mandya
President : Dr.T.N. Marigowda
Secretary : Dr.M.Vinay



On 23 Mar 2024 IMA Mandya branch arranged a nutritional education program for the pregnant women attending the government hospital and also a health checkup and gave education regarding safe delivery and hygiene. On 24 Mar

2024, Dr Varsha Hugar won the 2nd prize at the IMA state level singing competition. On 29 Mar 2024 Members of the IMA Mandya branch congratulates senior ENT surgeon and president of building construction committee and Dr BK Akshay ENT for publishing article Hydroadenoma of pinna a rare case at a rare site.

Branch : Mangaluru
President : Dr.Ranjan.R.K
Secretary : Dr.Avin B.R. Alva



On 8th March 2024 "Women's Day" celebration was held at Mangalore International Airport in Association with Indian Medical Association Mangaluru branch. The special Guest speakers were Dr. Rameela Shekhar, Mental Health Professional and Counselor and Dr. Jessy Maria D' Souza, Senior Gynaecologist, Mangalore. the programme was held in the Conference hall of the Mangalore International Airport. Dr. Rameela Shekhar spoke on "Mental Health of the Women and personality development". Dr. Jessy Maria D' Souza gave a talk on "Overall Women's Health". Dr. Avin B R Alva, Secretary, IMA Mangaluru Branch was also present at the programme. Around 40 female Airport staffs attended the function. On 10th March 2024 Indian Medical Association participated in monthly cleanliness drive known as "Swachhata Shramadan". This program was conducted by Ramakrishna Mission swachh Mangaluru abhiyan in association with Indian Medical Association Mangaluru branch and Mangalore Refinery and Petrochemicals ltd (MRPL) Lead by Swami Jithakamanandaji-Ramakrishna Ashram. The swachh abhiyan was conducted at the premises of Mangalore Head post office opposite to St. Ann's School, Rosario church road, Mangaluru (from 7am to 10am). Dr. Ranjan R K , President- IMA Mangaluru inaugurated the swachh bharath abhiyan. Dr. Avin B R Alva, Secretary-IMA Mangaluru initiated the cleanliness drive. Other members of IMA accompanied the office bearers of IMA Mangaluru. On 11th March 2024 Indian Medical Association Mangaluru branch for the 1st time conducted a talk on IMA Membership and its benefits to the fresh interns of K S Hegde Medical academy. The talk was given by IMA Membership drive Chairman - Dr. G K Bhat Sankabithilu. Dr. Avin B R Alva, IMA Secretary welcomed the gathering and proposed vote of thanks. On 12th March 2024 on invitation to IMA Mangaluru branch, as a

representative took part in the interactive session with Devendra Fadnavis, Deputy Chief Minister of Maharashtra at Ocean Pearl Mangaluru. As per the Executive committee meeting held on 04.03.2024, it has been decided the fresh nomination to be called for the EDITOR post and election shall be conducted during monthly meeting. On 13th March 2024 nominations were invited from life members of the Mangaluru branch for the post of editor 2023-24. As we received only 1 nomination before the last date for submitting application by Dr. Devdas Rai, we announced him as the Editor of IMA Mangaluru branch for the year 2023-24 on 27th March 2024. On 27th March 2024 Indian Medical Association Mangaluru branch with IMA WDW Mangaluru celebrated Women's Day month with felicitation and CME program at Dr. A V Rao conference hall, IMA House, Mangaluru. Program was initiated by IMA prayer by Dr. Prashantha B - Treasurer IMA Mangaluru. Dr. Ranjan R K President IMA welcomed the gathering. This was followed by condolence to Dr. Arun Rao by Dr. Prema D'Cunha. Later the CME guest speakers were introduced by Dr. Jessy Maria D'Souza - President Elect IMA Mangaluru. The CME program was given on "Advanced Diagnostic tests for autoimmune disorders" by Dr. Sevitha Bhat, Associate Professor and Incharge Dept. Of Microbiology, KMC Laboratory services, Kasturba Medical College Hospital, Mangalore. The talk on "Flow cytometer :An Insight into the Diagnostic Medicine" was given by Dr.Vatsala KB Associate Professor, Department of Pathology, Deputy Incharge - Hematology and Clinical Pathology, KMC Laboratory Services, Kasturba Medical College Hospital Mangalore. Dr. Anupama Hegde, Professor, Department of "Biochemistry, Deputy Director Laboratory, KMC Laboratory Services Kasturba Medical College, and Hospital Mangalore spoke on "Biochemical Markers during Pregnancy" . The Guest Speakers were felicitated by the office bearers of IMA & WDW Mangaluru branch. This was followed by vote of thanks proposed by Dr. Avin B R Alva Secretary, IMA Mangaluru. On the occasion of Women's Day month cultural programs were performed by IMA WDW members and their children. 135 members attended the Women's Day month program.

Branch : Mundargi
President : Dr.Annadani M. Meti
Secretary : Dr.Prakash Hosmani



On 08-03-2024 "INTERNATIONAL WOMEN'S DAY" was observed by organising a talk about "Causes & Prevention & early detection of Breast Cancer" for Women. Health professionals & folk women participated in the event. It was followed by a GB meeting. On 11-03-2024 organised a public awareness talk for NWKSRRTC employees about "Occupational Health problems & Care for Drivers and Conductors". On 31-03-2024:-Measles immunisation day was observed by arranging a talk for health professionals about measles, its complications & the importance of vaccination.

Branch : Nelamangala
President : Dr.M.Jayaprasad
Secretary : Dr.S.Rajendra Prasad



On 07.04.2024. IMA State President Prof. Dr. Srinivasa S. Visited the Branch. "World Health Day" Celebrated. Dr. Govinda Swamy T. Surgeon, Usha Hospital, Nelamangala on "New Dimension in Medicine". 2) CME Webinar conducted on 26.03.2024, Subject: "MTP- Act" by Dr. Rekha Rajendra Kumar, President Elect, BSOG. Chair Person: Dr. Anuradha Paramesh, Past President, IMA Bangalore Branch.

Branch : Raichur
President : Dr.Arun.K.N
Secretary : Dr.Shree Harsha Patil



IMA Raichur in association with RIMS students arranged Voluntary blood donation camp at IMA hall on 17-04-24 at 6:00PM. Total 15 units of blood donated by RIMS MBBS students. Hats off to all the students who set an example to the society by voluntarily donating blood and stressing the

importance of blood donation in saving human lives. IMA secretary Dr. Shree Harsha Patil was present on the occasion and distributed certificate of appreciation to the students. New Bio-Medical vehicle for city started functioning. RIMACT (Raichur IMA Common Treatment Facility) site renovation done, flooring and painting were completed.

Branch : Shimoga
President : Dr. Ramesh C
Secretary : Dr. Aravindan R



21st March: on occasion of "World Down's syndrome day" WDW shimoga arranged a talk on importance screening for Down's syndrome at Clarks inn hotel..Dr Aarti fetal medicine specialist discussed about practical aspects NIPT and serum biochemistry and optimum nuchal translucency imaging .Dr Chandushree spoke about management of endometriosis .Our goal is to detect all cases of Down's syndrome prenatally and provide support to mothers and babies with Down's syndrome. 06-04-2024: IMA Shimoga trip to kodachadri TREK A group of 60 old IMA members and family arranged for trek to one of the 3 beautiful, scenic place of kodachadri. Following which we went to kollur temple and someshwara beach. The 2 days trip was a best get together and relaxation from Hussle buzzle work. Every one enjoyed the trip and came with relishing memories.

Branch : Sirsi
President : Dr.G.V.Madhukeshwar
Secretary : Dr.Suman Hegde



On 31.03.2024 CME programme was conducted. In

association with KSHEMA, Nitte. Dr Smita S Rao, Breast and Endocrine Surgeon spoke on early detection saves life. How early is early? Dr Yashwant spoke on Common emergencies in OPD Practice. Juvenile Diabetes camp at Rotary Centre was held on 7th April. Dr Anjana Hulse and Dr Sushma Rai, both paediatric endocrinologists from Blore and Dr Pritwicheandra, paediatrician and neonatologist of Sirsi checked and advised 22 Juvenile diabetics. Pts were given free insulin syringes, needles, cartridges and strips. CME by SDM Narayana Heart Centre Dharwad on April 12th. Dr Manjunath Pandit, adult and paediatric cardiologist spoke on Structural Heart Diseases. Dr Sai Suraj Kotera, Cardiothoracic Surgeon spoke on minimally invasive cardiac surgery - Beginning of a new era and Road ahead. Dr Suman Hegde took part in SWARAANJALI, a state level musical competition for IMA Doctors at Hassan and was the Semifinalist. Dr Dinesh Hegde, a member of Central Working Committee attended its National meeting held for 2 days at Chennai. He gave suggestions to raise funds for constructing National IMA headquarters building and also gave monetary support.

Branch : Sullia
President : Dr.Veena.N
Secretary : Dr.Ravikanth G. O.



On 24.03.2024 A blood donation camp has been arranged for manual labours. On 03.03.2024 Dr.Bhavya has attended the ceremony conducted by Kanakamajalu Swarna Mahila Mandal on occasion of Women's Day. On 05/03/2024 Dr.Veena was felicitated by her work on 12 Arogya Chintana series by Vasanta prakashana.

Branch : Tumkur
President : Dr.Rangaswamy.H.V.
Secretary : Dr.G.Mahesh

On the occasion of International Women's Day, 3 women achievers in different fields felicitated: Dr Veena H, Retd District Surgeon, District Hospital Tumakuru, Smt. Latha Kumari, Staff nurse who is serving the HIV infected at Dayabhavana, Bhaktarahally since 2007. Smt. Rashmi, National level athlete, who has won many state, university and national prizes and awards in athletics. Prof Dr, Shalini M, Principal, Sri Siddaganga Medical College Tumakuru



was the chief guest of the program. Dr. Prabhakara G N, past National vice-president, Dr Rangaswamy H V, President, Dr Mahesh G, Secretary, Dr. Pradeep P, Treasurer, Dr. Anitha B Gowda, Chairman WDW, Dr Shruthi K, Secretary, Dr Girija Ex-chairman WDW and many members of IMA were present in the program. Dr. Manjunath B N, DHO and Dr. Asgar Baig, Dist Surgeon were also honoured. On 23.03.2024 World TB Day was observed. Dr Uma Shankar S, Head of Epidemiology & Research, NTI, Bengaluru gave speech on TB preventive Therapy to the IMA members. 80 members were attended the program. The program was conducted in coordination with District Health and Family welfare, District TB Elimination Office, Tumakuru. On 22/3/2024 Welcoming of new members who joined IMA during Membership drive. All new members were welcomed to IMA and Dr Prabhakara G N, Dr Jyothi Swaroop R introduced about different schemes of IMA. Also threw light on historical events of IMA. On 24.03.2024 Holi festival was celebrated. Holi has been celebrated in IMA, many members and their children enjoyed the celebration. Recognition on World TB Day dated: 24.03.2024 Dr Rangaswamy H V President honored as "TB Warrior" on his tremendous work in TB control since from 1995 to 2009. Venue: NTI Bengaluru. On 26.03.2024 CME Programme was conducted. Topic: "CME on Surgical Management of Advanced Diabetic Retinopathy" by Dr. Thungappa K S, Dr. Manjunath K S, Dr. Varalakshmi discussed about the topic. Program conducted by Manjunatha Nethralaya in Association with Tumakuru Ophthalmic Society & IMA Tumakuru. On 06.04.2024 Jatha on Our Vote to build the Nation at Tumakuru City corporation Office, Tumakuru. IMA WDW participated in Bike/Scooter rally organized by District Administration, Tumakuru City Corporation Tumakuru to create awareness among public to vote for Democracy. On 07.04.2024 World Health Day was observed. Along with WDW of IMA Tumkur Branch. "My Health, My Right" at Sree Sharadhamba Trust Old Age home, Devrayapatna, Tumakuru. On the occasion of World Health Day awareness program regarding 'How to maintain Good health and personal hygiene' was discussed by Dr, Hanumakka, our senior member. Health check up of all 63 inmates conducted. * cases of hypertension and 3 cases of diabetes suspected. Medications and fruits distributed to all the inmates. NCD, Geriatric and Palliative care wings were part

of health check up conducted. Program conducted in association with District Hospital, Dist Surveillance office and IMA Tumakuru. Dr Rangaswamy H V, President, Dr. Mahesh G, Secretary, Dr Anitha B Gowda, Chairman WDW, Dr. Jyothi member of WDW, DR. Padmavathi member of WDW, Dr Arundathi member, Dr Nagaraj Patil and others were present in the program. On 14.04.2024 Dr B R Ambedkar Jayanti. DR B R Ambedkar Jayanti celebrated in IMA Tumakuru, DR Prasanna Kumar, Joint secretary IMA gave speech on Dr Ambedkar in detail. Dr Rangaswamy H V, President, Dr Mahesh G Secretary, Dr. Naveen K Joint Secretary, Dr Purushotham Naik, Joint Secretary, Dr Anitha B Gowda Chairman WDW, DR Mohan Dist Surviellane Officer and others were present in the program.

Branch : Udupi-Karavali
President : Dr Rajalakshmi
Secretary : Dr. Archana Bhaktha



On 20/03/2024: Awareness session on small savings schemes: IMA Udupi-Karavali in association with Manipal Mahila samaj and Dr AV Baliga Hospital organized an awareness session on small savings schemes for the women employees of Hospitals in and around Udupi. Mr Jaydev Prasad Moleyar, known for his columns Kasu - Kudike in Udayavani was the resource person Attended by 130 delegates. On 21/03/2024: Cancer awareness program Awareness session on women's health, Cancers in women, screening and HPV vaccination at Lakshmi nagar, Puttur by Dr Rajalakshmi on 21/03/2024 for members of women self-help groups. On 22.03.2024: Awareness talk Talk on Women's health for cashew factory workers hebri by Dr Vinutha Vinod Around 100 ladies attended the Awareness talk on 22nd march 2024. On 31.03.2024: online cultural program: IMA UK presented an online cultural program Karavali Kalarava in association with IMA Kannada Vaidya Barahagaarara samithi and IMA KSB. On 07/04/2024: world Health Day: IMA UK organized a poster competition for students of nursing and paramedical College on the occasion of world Health Day on 07/04/2024 We had 16 posters on the topic My Health My Right A variety program on health (dance, song and Mime act) was performed at open air auditorium of

Bhujanga park Ajjarkad Udupi Well attended by IMA members , students and faculty of participating colleges We had good number of public using the park for walk attending the program. Dance exercise with Dr Shruthi Ballal and Dr Akshatha Rao. On 10/04/2024: Awareness session: Awareness session by Dr Rajalakshmi on Breastfeeding and contraception to antenatal women at PHC Hoode on 10/04/2024. Dr Rajalakshmi attends the Pradhan Mantri Swastha Matritva Abhiyaan every month at PHC Hoode and provides antenatal care and guidance to pregnant women. On 15.04.2024: Talk on Female health issues Talk on Female health issues to 250 degree students of PPC on April 15th by Dr Indira Shanbhag president WDW IMA-UK. On Webinar IMA UK president Dr Rajalakshmi was the MC for the webinar hosted by IMA KSB and WDW IMA KSB on the occasion of international women's day 2024 Dr Indira Shanbhag president WDW IMA UK attended the webinar. IMA UK member Dr Vijaya Kumar Shet won the first prize in 35-50 Years category of state level singing competition IMA KSB Swaranjali. IMA UK members at state level singing competition IMA KSB Swaranjali Dr KM Upadhyaya and Dr Padma Somayaji qualified for quarter finals while Dr Sandeep Kumar and Ms Smitha Sudesh were semi finalists. Article about cancer cervix in Teacher Magazine April issue written by Dr Rajalakshmi.

Branch : Yadagiri
President : Dr. Bhagwanth Anwar
Secretary : Dr. Vaijanath Duggani



IMA Yadgir in association with Yadgir CA'S and Tax consultants of yadgir jointly organized CME on financial management for Yadgir Doctors. Shri Dr Balaji Rao (D.G.PhD) (Founder & Director at Osat knowledge (pvt) Ltd. Bengaluru gave talk on basics and investment plans on mutual funds. Dr VBR Sir (Former MLA Yadgir) inuagarated the function. Dr Bhagawant Anwar Sir (President IMA yadgir) gave presidential address, Dr vaijanatah duggani (Secretary IMA Yadgir) did vote of thanks. Submitted IMA MANIFESTO COPY TO RAICHUR MP SHRI RAJA AMARESHWARNAIK ON 17/04/24

Branch: Yelahanka
President: Prof. Dr.Pavan Kumar
Secretary: Dr.H.K.Sylakumar

Conducted by IMA CGP, on 26-03-2024 at 8-30 PM in Ramada Hotel. The Speaker was Dr Y V Shree and the topic was on Hydroxy Methyl Butyrate (HMB), Leucine and other Amino Acids helpful in prevention of Muscle loss in ICU admitted critical cases. President Dr M Pavan Kumar appreciated the initiative and advised all to participate in such programs. 2. CME on 22/3/24 at Royal orchid in association with Manipal hospital. Dr Deepak C Consultant Nephrologist spoke about transplant surgery and recent advances and Dr Srinivas Raju consultant neurologist spoke neurological motor disorders and Dr Nandini spoke about Epilepsy and its management. President Dr Pavan kumar unveiled our monthly magazine and spoke about the important topics covered in the magazine. On 24/3/24 glaucoma screening and awareness camp was conducted for all the IMA FAMILY MEMBERS at Navachetana hospital with DR YGIRISH along with Narayana Netralaya team. On invitation of Dr Madhushankar President of IMA Bangalore branch , Dr KG



Shankarnarayana & Dr Krishna naik attended the EC meet of Bangalore branch on 4th April at Hotel Fairfield Marriott, Rajajinagar . The EC members assured us of their whole hearted support for the forthcoming Medicon 2024 . Many of them registered for the conference on the spot in presence of President IMA KSB Dr Srinivasa S. conducted CME on 17-2-24 at royal orchid in association with BMOM FERTILITY CENTER, Womens doctors wing ima yelahanka celebrated womens day in association with Navachetana hospital on 10-03-24. Conducted cancer detection camp on 7-3-24 with sri shirdi sai baba trust at vidyaranayapura.

ಭಾರತೀಯ ವೈದ್ಯಕೀಯ ಸಂಘದ ಪ್ರಾರ್ಥನೆ

ಎಲ್ಲರೂ ಸಂತೋಷವಾಗಿರಲಿ,
 ಎಲ್ಲರೂ ಆರೋಗ್ಯವಾಗಿರಲಿ,
 ಎಲ್ಲರೂ ನೋವಿನಿಂದ ಮುಕ್ತವಾಗಿರಲಿ,
 ಎಲ್ಲರೂ ದುಃಖದಿಂದ ಮುಕ್ತವಾಗಿರಲಿ,
 ಎಲ್ಲಾ ಆಸೆ ಆಮಿಷಗಳನ್ನು ಮೀರಿ
 ಗುಣಪಡಿಸುವವರು ನಾವಾಗಿರಲಿ.



IMA PRAYER

May everybody be happy
 May everybody be healthy
 May everybody be free from pain
 May everybody be free from sorrow
 May we be the healing cure
 Beyond every greed & lure

ಧ್ವಜ ವಂದನೆ



ಭಾರತೀಯ ವೈದ್ಯಕೀಯ ಸಂಘದ ಸದಸ್ಯರಾದ ನಾವು ನಮ್ಮ ರಾಷ್ಟ್ರಧ್ವಜಕ್ಕೆ ವಂದನೆ ಸಲ್ಲಿಸಲು ಇಲ್ಲಿ ನಿಂತಿದ್ದೇವೆ.
 ಅದರ ಗೌರವ ಮತ್ತು ವೈಭವವೇ ನಮ್ಮ ಬೆಳಕು ಮತ್ತು ಶಕ್ತಿ ಮತ್ತು ಅದರ ಪಥವೇ ನಮ್ಮ ಪಥವು.
 ಈ ರಾಷ್ಟ್ರೀಯ ಸಂಸ್ಥೆಯ ಮಾನ್ಯತೆ ಪಡೆದ ಸದಸ್ಯರಾದ ನಾವು ನಮ್ಮ ಜವಾಬ್ದಾರಿಗಳನ್ನು
 ಅರಿಯುವ ಮೂಲಕ ಅದಕ್ಕೆ ನಮ್ಮ ನಿಷ್ಠೆಯನ್ನು ತೋರಿಸುವ ಪ್ರತಿಜ್ಞೆ ಮಾಡುತ್ತಿದ್ದೇವೆ.
 ದೇಶಸಮೂಹಗಳ ನಡುವೆ ನಮ್ಮ ರಾಷ್ಟ್ರಧ್ವಜವು ಉನ್ನತ ಮಟ್ಟದಲ್ಲಿ ಹಾರಾಡುವ
 ಸಲುವಾಗಿ ನಮ್ಮ ಅಧಿಕಾರದಲ್ಲಿರುವ ಎಲ್ಲವನ್ನೂ ಅದಕ್ಕೆ ಸಮರ್ಪಿಸುವ ಪ್ರಮಾಣ ಮಾಡುತ್ತಿದ್ದೇವೆ.

ಜೈಹಿಂದ್

ಐ.ಎಂ.ಎ. ಚಿರಾಯುವಾಗಿರಲಿ

Obituary



Dr. Shivaprakash
Bhadravathi



Dr. Sunil Babu
Bangalore

IMA-KSB WOMENS DOCTORS' WING ACTIVITIES

GANGAVATHI celebrated International women's day and world health day on April 7th at the nearby farm and resort.. conducted games on healthy diet, health tips, dances, songs. Felicitated our senior lady doctor, Dr Nirmala J Gouda on this occasion.. everyone had good time and relaxed.



Today, April 11th, being National safe mother hood day, gave awareness about regular antenatal checkups, regular ultrasound scans-dating scan, NT Scan, TIFFA Scan, growth scans. High risk pregnancy like PIH, GDM, Aneamia, infections in pregnancy, post partum hemorrhage, post partum sepsis, depression etc.. Some of the antenatal patients got benefited and asked them to share the information with everyone.

TUMKURU : Date : 7-4-2024 Activity Name : World Health Day "My Health, My Right", Venue: Sree Sharadhamba Trust Old Age home, Devrayapatna, Tumakuru. On the occasion of World Health Day awareness program regarding 'How to maintain Good health and personal hygiene' was discussed by Dr, Hanumakka, our senior member. Health check up of all 63 inmates conducted.* Cases of hypertension and 3 cases of diabetes suspected. Medications and fruits distributed to all the inmates. NCD, Geriatric and Palliative care wings were part of health check up conducted. Program conducted in association with District Hospital, Dist Surveillance office and IMA Tumakuru. Dr Rangaswamy H V, President, Dr. Mahesh G, Secretary, Dr Anitha B Gowda, Chairman WDW, Dr. Jyothi member of



WDW, DR. Padmavathi member of WDW, Dr Arundathi member, Dr Nagaraj Patil and others were present in the program. Date : 7-4-2024 Activity : World Health Day "My Health, My Right" Venue: Sree Sharadhamba Trust Old Age home, Deverayapatna, Tumakuru. WDW conducted donation drive in Sri Sharadamba trust old age home. They donated Nighty, petticoat and towels to women. Tracksuit, T-shirt and towel to men present in the old age home. Dr. Anitha B Gowda, Chairman, WDW, Dr Shruthi K Secretary WDW, Dr. Jyoti and others carried out the drive successfully.

HUBBALI : National safe motherhood day 01/04/24.



Conducted an awareness program at KIMS Hubli, OBG department on the occasion of "SAFE MOTHERHOOD DAY". Dr.Puneeta, consultant obstetrician and gynaecologist , spoke to pregnant women about the importance of safe motherhood day and why it is observed. She also advised the to be mothers to come for proper follow up, have nutritious diet during pregnancy and also postpartum period. She advised parents to follow the mother's card (Tayiya card) to look into the developmental milestones of the child and also seek medical help if required. She also briefed on autism. Dr.Malini, Dr.Ameeta Kamat were also present. Dr.Bharati and Dr.Ameeta also spoke.

ANKOLA: IMA Ankola had organised free camp for pregnant women and for children in association with KLE R.N.Nayak hospital on 06/04/2024 on the occasion of "World Safe Motherhood Day" and "WorldAutism



Awareness Day".THO and CDPO inaugurated the programme.Health talk on Autism given by Dr Shashikant, Pediatrician..all the IMA members, Asha workers ,Anganwadi workers were present with beneficiaries..17 ANCs and 21 children were treated in the camp.

BHADRAVATHI : Safe motherhood day celebrated at Ashwatngar PHC. Awareness about high risk pregnancy and measures to be taken for safe and effective preg outcome including maternal nutriron taught by Dr Veena Bhat and Dr Gayatri and Mamata and Sandya.



231st CWC Meeting at Chennai



Kind Attention

Dear Esteemed IMA Member, Kindly Deposit the requested IMA Life Membership GST Amount of **Rs. 700/-** for single life and **Rs. 1100/-** for couple life to the following IMA KSB Account (if you have not paid the IMA life membership GST Amount) as soon as possible.

Google pay, Phone pay or NEFT

Account Name	: IMA KSB	Account No	: 67070532832
IFSC Code	: SBIN0070242	Bank	: SBI
Saving account Branch	: Chamarajapete, Bangalore		

Prof Dr. S. Srinivasa,
President

Dr. Karunakara B.P.
Hon. State Secretary

Dr. A. Vijayasaradhi
Hon. Treasurer

President visit to various branches



Hiriyuru



Hosadurga



Holalkere



Challakere



Madhugiri & Koratagere



Pavagada

Mega CME Programme Inaugurated at KIMS Auditorium, Hubli on 27.04.2024



"There has never been a doctor who served many patients who despite their best efforts did not lose some of them to death. But they understood that was a part of life itself." – Zig Ziglar

Know your “FIT DOCTOR”

- Dr Naveen Kini, IMA Bengaluru

Q: Good morning, sir, can you tell us something about yourself?

Dr Naveen Kini: Hello everyone. I was born in 1966 at Mangalore and studied at St. Aloysius. At the age of 10, my parents, both doctors, moved to Bengaluru, where I studied in St. Joseph's and MES College. In school, I was very active in athletics, particularly sprinting and discus throw, and have represented the school in interschool competitions. I loved cycling, and used to cycle to school from home, about 10 kms, many a times. Cricket was another favourite pastime, and every minute of our free time was spent playing outdoors, especially since we did not have any gadgets like TV, computer or mobile to watch!

Q: Thank you, sir, for sharing details about your childhood. What about your higher education?

Dr Naveen Kini: I then studied MBBS from Government Medical College, Bellary (now VIMS Bellary), and then did MD in Paediatrics from KMC Mangalore, and then DNB in Paediatrics in 1994. In medical college, I continued to place sports, and have represented my medical college in badminton and table tennis. We had very good players in those days, and I learnt a lot about both games from my fellow teammates. I took part in the Inter-Medics held at Bellary and at JNMC, Belgaum, but as a reserve player, as there were much better players than me to represent the college.

Q: What about your employment?

Dr Naveen Kini: I had the good fortune of joining my paediatrician father, the late Dr DJ Kini, in his practice at our nursing home in Bengaluru. Over the years, I have been a visiting consultant at Manipal, Ramaiah and Columbia Asia hospitals. At present, I practice in my clinic on New BEL Road, and Lakshmi Maternity Home in Malleswaram, Bengaluru

Q: Sir, you are soon to be a senior citizen, but you are still fit enough to take part in various sports activities. What is your secret?

Dr Naveen Kini: After starting practice, for some time, exercise and sports was not a priority, and I steadily started putting on weight. That is when I decided to do something about it and started brisk walking. I then joined the club for playing badminton and played regularly for 2 hours every day for almost 10 years. Unfortunately, during one of the

games, I developed a slipped disc, and was incapacitated for almost 2 months. I restarted badminton after that, but when the injury recurred, I was advised to give up the sport that I loved dearly. That is when I took up running at the age of 42. I started running small distances of 500 metres at a stretch followed by walking, and then slowly increased the distance as my endurance improved. I then decided to train for a half marathon and ran my first one at Mumbai in 2009. Since then, I have run more than 15 half marathons in various cities of India.

Q: What are your routines now to keep yourself fit?

Dr Naveen Kini: I try to do some form of exercise everyday to maintain my fitness. I have learnt that our body needs not just aerobics, but also strength training, stretching and balance maintaining exercises. I therefore do yoga, strength training with weights, aerobic exercises like running and cycling, and pranayama and meditation on different days of the week. I see to it that I get at least 150 mins of moderate aerobic activity, and 2 strength training sessions every week.

Q: What is your advice for young doctors?

Dr Naveen Kini: Young doctors should remember that to enjoy the benefits of your hard work later in life, maintaining your health is of paramount importance. Start as early as possible, but it is never too late to start, and doing something is better than doing no exercise at all. Also, being consistent is more important. So, make exercise a part of your routine, be it walking, cycling, yoga or sport. Even at the clinic, make sure that you get up and walk for 5 mins every hour, along with 2 or 3 sit-ups and lunges. Take the stairs instead of the elevators and walk or cycle to work, if possible. Set an example for your children, so that they too learn to lead a healthy lifestyle!





NORTH EAST - HEAVEN ON EARTH

- Dr.Pavan Kumar, IMA Yelahanka

The long cherished dream of visiting the north east became reality this time. Very much excited!!!
Day-1 From KEMPEGOWDA INTERNATIONAL AIRPORT travelled to GUWAHATI INTERNATIONAL AIRPORT which was 3.30hrs journey.

From the Airport went to KAMAKHYA TEMPLE which was on the hill top and is one of the oldest and most revered centers of TANTRIC practices. It is a site of AMBUBACHI Mela, an Annual Festival that celebrates the MENSTRUATION of the Goddess. The temple was built in 8th century and it's GARBHAGRUHA shikhara is an architectural treat to watch. After having darshan, lit deepas and also saw BALIPEETA where they sacrifice the Animals. From there travelled in Innova to Shilong which was 5 hrs journey between Lush Green Landscapes. Overnight stayed in Marriott Hotel.

Day-2 Proceeded to CHERAPUNJI(NOW SOHRA), on the way saw GARDEN OF CAVES which was used by KHASI tribes for hiding from British. It had a chain of water falls, caves in the midst of forest. It was a wonderful experience traversing through the caves and enjoying the scenic water falls.

Then proceeded to SEVEN SISTER WATER FALLS which symbolize the seven states of North East namely Assam, Arunachal, Manipur, Nagaland, Tripura Mizoram and Meghalaya. Then went to ARWAH CAVES which was like straight out of Arabian nights with Fossils, Shells and Fish Bones. Then we saw NOHKALIKA FALLS which was the tallest with 340 metres height and one of the wettest places on Earth.

On the way back went to MAWSMAI CAVES we high was a natural limestone cave. It was adventurous going through the cave and returned to the Hotel.

Day-3 Went to ELEPHANT WATERFALLS which was mesmerizing and had three steps of water falls. After this set out for a long drive to DAWKI 4 hrs journey from SHILLONG to the west near BANGLADESH border. The road to it was horrible like a jungle road due to more than 500 trucks carrying

coal from meghalaya to Bangladesh daily.. There was a beautiful picture sequ suspension bridge over the UMANGHOT RIVER built by British in the year 1932. Went for boating in the crystal Clear water where we could see bottom pebbles and rock in the beautiful sunshine. We could also see Bangladesh and Bangladeshis who were trying to get in to our country. But BSF people were there guarding it. This place was also famous for pineapples. After this went to HANGING ROOT natural bridge over the water falls which was festival to the eyes.

Then went to MAWLYNNONG VILLAGE which was supposed to be the cleanest village in Asia. There I climbed on tree top to watch the SKY POINT. Then I wore traditional KHASI tribes dress and got lot of photographs.

After this returned back to Hotel. At night went to NIGHT MARKET at Shilong which was similar to Bangalore majestic area. Did some shopping. There was a lot of bamboo articles, Toys, crafts and arts. And later I had a good sleep at hotel after a long tiring day.

The last day

Day 4 Had local site seeing at SHILLONG town. I saw SHILLONG PEAK, AIRFORCE MUSEUM, DON BOSCO MUSEUM, LADY HYDRI PARK and UMIUM LAKE. It was drizzling and so couldn't go for the boating at the lake. Then left to Guwahati airport amid everlasting memories. Reached BENGALURU by night FROM HEAVEN ON EARTH.





**IMA Karnataka State
Annual Medical Conference
Host - IMA Yelahanka Branch**



90th MEDICON 2024

25th - 27th October, Bengaluru

TO REGISTER SCAN QR CODE



REGISTRATION CHARGES (Inclusive of GST)

DATE	Single Delegate	Couple Delegate	SPOUSE (Non Member)	PG
Till April - 30th 2024	Rs. 5,000	Rs. 9,000	Rs. 3,000	Rs. 3,500
1st May - 30th June 2024	Rs. 6,000	Rs. 11,000	Rs. 4,000	Rs. 3,500
1st July - 24th Oct 2024	Rs. 7,000	Rs. 12,000	Rs. 5,000	Rs. 3,500
SPOT Registration	Rs. 8,000	Rs. 14,000	Rs. 6,000	Rs. 3,500



www.imayelahanka.com



**Venue : Reva University,
Yelahanka, Bengaluru**

For Further Details Contact

Organising Chairman
Dr. Y.M. Venkatesh
9845611856

Organising Secretary
Dr. K.G. Shankarnarayana
9845065527

Organising Joint Secretary
Dr. V. Suri Raju
99020 11037

Chairman, Scientific Committee
Prof. Dr. M. Pavankumar
99647 77846



90th MEDICON 2024

IMA Karnataka State
Annual Medical Conference
Host - IMA Yelahanka Branch

25th - 27th
October, 2024

Venue :
Reva University
Yelahanka, Bengaluru



Name as to be printed on certificate	
Mobile Number :	
Email :	
Gender :	
Age :	
Hospital / Institution name :	
Postal Address : City : State : Country :	
Food Preference : Veg/Non Veg	
Medical Council Reg No.:	
IMA Branch Name :	
Category 1. IMA Member (Single Delegate) 2. IMA Member (Couple Delegate) 3. Post Graduate 4. Spouse (Non-Member)	
Amount :	
Mode of Payment	
Cheque/UTR/Ref no	



Scan for Payment

REGISTRATION CHARGES (Inclusive of GST)				
DATE	Single Delegate	Couple Delegate	SPOUSE (Non Member)	PG
Till April - 30th 2024	Rs. 5,000	Rs. 9,000	Rs. 3,000	Rs. 3,500
1st May - 30th June 2024	Rs. 6,000	Rs. 11,000	Rs. 4,000	Rs. 3,500
1st July - 24th Oct 2024	Rs. 7,000	Rs. 12,000	Rs. 5,000	Rs. 3,500
SPOT Registration	Rs. 8,000	Rs. 14,000	Rs. 6,000	Rs. 3,500

Signature



HOLISTIC HEALTH FOR DOCTORS

DR. SHASHIDHARA

M.D, [PAEDIATRICS]

FOUNDER - CENTER FOR SCIENTIFIC SPIRITUALITY,
WOC ROAD, BANGALORE -560010, PH. : 9845597965

World Health Organisation has already emphasised the need of the Dimension of health, which is Spiritual health to be considered as an important Dimension of life. According to UNSDG 2030 we are Transforming our world [GOAL-3], which Ensures healthy lives and promote wellbeing for all, at all ages. To protect public health including Doctors, we have GOAL-4 which Ensures inclusive and equitable quality education and promote lifelong learning opportunities for all. Hence, to execute these goals we at centre for scientific spirituality catering education & different programs including Ecofriendly holistic self-care for Doctors. Holistic simply means wholeness, We need to address health of the whole system not just in parts.

SELF REALIZATION AND HOLISTIC SELF CARE: we have superficial and deep self.

Self has peripheral component – physical self, psychological self, emotional self & ecological self – with time & space – which we experience. Hence Self has periphery which has ecosystem [Prakruti]. Ecosystem includes environment, body, mind and emotions. Self has central component – ever-present self / singularity / no time & space/ pure being – what really, we are. Self has centre which is pure and absolute.

1. HOW TO TAKE CARE PHYSICAL SELF[BODY]:

poor physical conditions and creates noises in the body are: refined foods- Maida, Maida based food products, polished rice, refined oils, junk foods, chemicals used in agriculture, prescription drugs, addictive elements- alcohol, tobacco and drugs, processed foods, Preservatives & additives. We can overcome these physical noises by ecofriendly practices are: Consuming Wholegrains, millets and unpolished rice. Consuming Fresh fruits and vegetables [asper WHO 400grams of vegetables and fruits is mandatory], Consuming plenty of fluids (water and organic beverages).

2. HOW TO TAKE CARE PSYCHOLOGICAL SELF

[MIND]: Unfulfilled expectations & desires are main reasons for psychological noise. We can overcome mental noises and by developing ecofriendly healthy mind by: Being in the Present, adopting a Healthy lifestyle, Practising the 6As- accept, alter, adapt, avoid, adjust, assertive, engaging socially, Being in the Nature, Taking Holidays, Creating, Sharing and Practising happiness & Getting Restful Sleep.

3. HOW TO TAKE CARE EMOTIONAL SELF

[EMOTIONS]: Baggage of worry, baggage of bad memories, baggage which gives pain, baggage of rift in relationship, baggage of sad memories are hidden causes of our noises surfacing outside. We need to identify, aware, regulate these emotional noises.

4. HOW TO TAKE CARE ECO SELF [ECOSYSTEM]:

Ecosystem is an interaction of all living and non-living organisms with the surrounding environment. Ecological self is interconnected & interdependent. Every breath we inhale 1022 number of atoms that means trillions of atoms from clouds, atoms from tree, atoms from soil etc... Hence Taking care of Eco self-play an important role in maintain harmony in nature & wellbeing of all.

5. HOW TO TAKE CARE PURE SELF [EVERPRESENT SELF]

: Scientific education on our natural state or deeper self-play an important role in analysing deepest aspect of oneself – atomic stuff part – universal part of you through science - core ingredient of an atom is 99.9999999% empty space. Connecting to our natural state through Silence, being in the Present, becoming a witness to all the events, Meditation, Good Sleep, Living in the present and through Centering yourself.



KAZAKHSTAN - A mini travel guide!

- Dr Kousthubha Arun, IMA Shivamogga



canyon . The landscape differ every hour and the vastness and emptiness has something beautiful . The rolling hills that keep changing colors as the sun and clouds play hide and seek . From Chrayn canyon it is another 2-3 hours to Satty village where we stayed overnight at a campsite near a picturesque stream with mountain all around and horses for our company.

Day3- Kaindy lake:- the kind of lake we see in the calendar! With off road travel from the village of Satty for about half an hour on a non existent road in a vintage soviet era matador which made us aware of joints existing in our body. Lake Kaindy is an alpine lake with turquoise blue green water with dead trees sticking out. The lake evolved after an earthquake in 1911 that caused a landslide forming a natural dam.

How to reach- Direct flight{3-4 hrs} from New Delhi to Almaty. Best time to visit-April-May, September-October .Currency – tenge [4-5tenge=1 INR] .Food-vegetarians need to be innovative! non vegetarians will have a field time! Language- Kazakh & Russian {English speaking guide/ google translate will save the day}Places of interest-Almaty lake, Shymbulak lake, Kolsai lake, Kaindy lake. Weather-Clothes-warm jackets, gloves, cap, sunscreen (They had books of Gandhi in the book stall, their grandmothers at home loved Russian dubbed version of our hindi TV soaps)

We came back content from a trip of the beautiful place of Almaty in the southern part of Kazakhstan with snowfall, dry land ,alpine forest, picture perfect lake an hospitable beautiful people .

Summer holidays for kids, Yugadi, Ramzan and a weekend tempted us to search for a destination for a trip. The place had to be cooler , vibrant, non-violent, a trip for 4-5 days! We zeroed in on visa free Kazakhstan located in the heart of the central asia is the 9 th largest country in the world. It is 1615km from New Delhi .

Day1- The place we visited was in the southern part of the country , around the beautiful city of Almaty, located at the foothills of the snowcapped Trans -Ili-Alatau mountains. Places of interest-First president park ,Central state museum, Shymbulak ski resort, Ascension cathedral, Koktobe hill.

Day2- Charyn canyon – About 200 kms from Almaty and 3-4 hr drive across the vast expanse of plains stretching to the horizon, the plains which spring to colors in the month of April with yellow and purple flowers in the backdrop of clear blue skies .Created by Sharyn river it lies around 200 kms east of Almaty and close to china border . The impressive canyon was eroded over 12 million years and is over 9 kms long and is full of colorful formations . Comprises of valley of castles, red canyon, black canyon, yellow

INDIAN MEDICAL ASSOCIATION KARNATAKA STATE BRANCH

Digital Software Sub-Committee

Presents:

IMA Karnataka's - DOCCHOICE

A Clinic & Hospital Software - Developed by the Doctors for the Doctors



Inaugurated and launched in 89th MEDICON at Bidar by Dr. R. V. Asokan, National President Elect, IMA HQ

Tips for reducing cost - Avoid Demanding physical Demo As One can avail all training by online demo sessions only

Forth nightly online training sessions for all members on software and its applications.



Please Scan the above QR Code for Registration, Installation and Payments

SOFTWARE DETAILS

CLINIC BASIC

FEATURES

- Appointments
- Token System / OPD Billing
- Insurance / Corporate
- Doctor Schedule
- Prescription
- OPD Case Sheet
- Financial Reports

8000+ GST / One Time

Single Specialization

CLINIC PLUS

FEATURES

- Appointments
- Token System / OPD Billing
- Insurance / Corporate
- Doctor Schedule
- Prescription
- OPD Case Sheet
- Basic Lab
- Financial Reports

Pharmacy: Add on Package
1000.00 + GST / One time
500.00 + GST / Year

7000+ GST / One Time

Single Specialization

CLINIC PRO

FEATURES

- Appointments
- Token System / OPD Billing
- Insurance / Corporate
- Doctor Schedule
- Prescription
- OPD Case Sheet
- Basic Lab
- Financial Reports

Pharmacy: Add on Package
1000.00 + GST / One time
500.00 + GST / Year

8000+ GST / One Time

Multiple Specialization

HOSPITAL BASIC

FEATURES

- Basic OPD
- Basic IPD
- Basic Labs
- Discharge Summary
- Financial Reporting
- Additional Charges based on Service and Modules

Plus GST

8000
9000
10000

Prof. Dr. Srinivasa S
President

HOSPITAL PLUS

FEATURES

- Basic OPD
- Basic IPD
- Basic Labs
- Discharge Summary
- Financial Reporting
- Additional Charges based on Service and Modules

1000 Rs / sp after 2nd specialization

Plus GST

8000.00
9000.00
10000.00

Dr. P. B. Karunakara
Hon. State Secretary

HOSPITAL PRO

FEATURES

- Basic OPD
- Basic IPD
- Basic Labs
- Discharge Summary
- Financial Reporting
- Additional Charges based on Service and Modules

1000 Rs / sp after 2nd specialization

Plus GST

8000.00
10000.00
12000.00

Prof. Dr. Jaspalsingh H. Tehalia
Chairman Digital Software Sub-Comm.

For Enquiries Contact: Mr. John, 9986595897 | Mrs. Sridevi, 9448077944



IMA KSSS



IMA'S KARNATAKA SOCIAL SECURITY SCHEME

IMA House, Bailappanavar Nagar, Hubballi-29 Ph.: 0836-2355656

<https://www.imakssshubli.org>

Respected Members,

Earlier our web was <http://www.imakssshubli.org>, but now it is <https://www.imakssshubli.org> you can clear the browser history in the settings and open the above link.

ENROLL YOUR MEMBERSHIP FOR IMA KSSS OLD EXISTING & SILVER JUBILEE SCHEME

"EACH ONE GET ONE"

ADMISSION FEE STRUCTURE FOR OLD EXISTING & NEW SILVER JUBILEE SCHEME

Age in Yrs	Below 30	Betwn 31-35	Betwn 36-40	Betwn 41-45	Betwn 46-50	Betwn 51-55	Betwn 55-60
Fee for Existing old Scheme	Rs. 17700/-	Rs. 18200/-	Rs. 18700/-	Rs. 28700/-	Rs. 31700/-	Rs. 36700/-	Rs. 44700/-
Fee for Silver Jubilee Scheme	Rs. 20700/-	Rs. 22700/-	Rs. 24700/-	Rs. 31700/-	Rs. 38700/-	Rs. 47200/-	Rs. 57700/-

It Includes Subscription, Registration, Membership Contribution, AFC & in Silver Jubilee Scheme Includes Group Accident Benefit

IMA KSSS New Membership Tariff Effective from 01-04-2023

Recent death claim in Old Existing Scheme – Rs. 19,32,000/-

Recent death claim New Silver Jubilee Scheme – Rs. 61,62,500/-



Dr. Yogananda Reddy.Y.C.
Chairman
Mo : 9844085120

Dr. Sachin Revankar
Secretary
Mo : 9880250083

Dr. Soumya Y.J.
Joint Secretary
Mo : 9845222245

Dr. Anandravi B.N.
Joint Secretary
Mo : 9845192351

Dr. Maheshkumar S.
Treasurer
Mo : 9341738405

Kindly visit our website- www.imakssshubli.org

IMA House, Bailappanavar Nagar, Hubballi-29 Phone no. 0836-235 56 56



IMA KARNATAKA PROFESSIONAL PROTECTION SCHEME (R)

IMA House, Alur Venkata Rao Road, Chamarajpet, Bengaluru 560 018

Reg. No.DRB-2/SOR/179/2019-20

Email : imakpps@gmail.com | Phone No 080 -26705447, 8197330598

NEW SCHEME

• FINANCIAL ASSISTANCE CLAIM (INDEMNITY) AMOUNT UP TO RS. 1 CRORE (ONE CRORE)

- All the existing members will be upgraded to New Scheme after receiving the new application and request letter after adjusting the balance payment.
- The cause of Action must be in the period of active membership for all claims.
- Membership becomes effective from the Date of realization of Cheque or DD In favour of IMA KPPS.
- All operational modalities will be as per registered Bye-Laws of IMA's Karnataka Professional protection Scheme.

FEE DETAILS-From 01-10-2023

a) Fee details for the 1st year (admission contribution)

Admission fee	Rs. 100/-
Annual subscription Fee	Rs. 2000/-
Advance fraternity contribution	Rs. 1000/-
Total	Rs. 3100/-
GST 18%	Rs. 600/-
Grand Total	Rs. 3700/-

b) Fee details for subsequent years

Annual subscription fee	Rs. 500/-
Demand fraternity contribution	Decided and intimated that year *
GST 18% on the demanded amount	

*Amount paid towards financial assistance given to the members and Legal expenses in that financial year is equally divided and collected through Demand notice sent to each members as demand fraternity contribution every year in the month of April.

Dr. Honnegowda

Chairman

M. 9448118299

Dr. N. Dhanapala

Hon. Secretary

M. 9342161266

Dr. J. Sharanappa

Hon. Treasurer

M. 9448924466

Scan to download Membership application forms



IMA KSB
APPLICATION FORM



IMA KSSS
APPLICATION FORM



IMA KPPS
APPLICATION FORM



IMA KSHS
APPLICATION FORM



IMA'S KARNATAKA STATE HEALTH SCHEME

imakshs@gmail.com
www.imahealthscheme.org

IMA KSHS

A doctors mutual health contribution scheme will give peace of mind in knowing that you are protected from most of these costs

Don't wait until you or a family member becomes seriously ill to try to purchase health insurance.

The Admission fee details is as follows

IMA KSHS NEW TARIFF WITH GST

Age in Yrs	Admission Fee. For members / Spouse / Parents / Children (AF)	Annual Membership Subscription (AMS)	Annual Advance Premium Contribution (AAPC)	Total Amount. During Admission including 18% GST at the time of joining (1st Year)	Annual premium including 18% GST to be paid irrespective of Insurance claim (2nd Year onward) AMS+AAPC
Children Below 25 Yrs	Rs. 700.00	Rs.500.00	Rs.2500.00	Rs. 3700.00 + 666 = 4366	3000 + 540 = 3540/-
Below age of 35 Yrs But above 25 Yrs	Rs. 700.00	Rs.500.00	Rs.3500.00	Rs. 4700.00 + 846 = 5546/-	4000 + 720 = 4720/-
Below age of 45 Yrs But above 35 Yrs	Rs. 1000.00	Rs.500.00	Rs.4500.00	Rs. 6000 + 1080 = 7080/-	5000 + 900 = 5900/-
Below age of 55 Yrs But above 45Yrs	Rs. 1650.00	Rs.500.00	Rs.5500.00	Rs. 7650.00 + 1377 = 9027/-	6000 + 1080 = 7080/-
Below age of 65 Yrs But above 55Yrs.	Rs. 2350.00	Rs.500.00	Rs.6500.00	Rs. 9350.00 + 1683 = 11033/-	7000 + 1260 = 8260/-
Below age of 75 Yrs But above 65Yrs	Rs. 3100.00	Rs.500.00	Rs.7500.00	Rs. 11100.00+ 1998 =13098/-	8000 + 1440 = 9440/-
Below age of 85 Yrs But above 75Yrs	Rs. 3800.00	Rs.500.00	Rs.8500.00	Rs. 12800.00 + 2304 = 15104/-	9000+ 1620 = 10620/-

LOCK IN PERIOD

- All the Regular members and beneficiary members below the age of 60 on joining shall have the benefit of the scheme after 12 months of joining the scheme.
- All the Regular members and beneficiary members above the age of 60 on joining shall have the benefit of the scheme after 24 months of joining the scheme.
- NO CASHLESS SERVICE (Members have to pay their bills themselves & claim later). It is a reimbursement.
- No advance payment will be made to the members.
- Members will be given reimbursement of 75% of total amount of the bill not exceeding the sum limited to each disease.
- If the benefit is not claimed in an academic year the benefit amount in total or any percentage will not be carried over to the subsequent years.
- A member will get a maximum of benefit of Rs.2 Lakhs in one year.

Chairman
Dr Jambunath Gouda
094481 45035

Secretary
Dr Madhusudhan K N
094481 40003

Treasurer
Dr Hanumantappa A
99456 05974

Official Address : Dr. Jambunath Gouda, Kottureshwara MRI Scan Centre
Near Little Heart School, Hosalli Road, GANGAVATHI-583227 | Ph.: 8618744511

IMA Health Manifesto Submitted to MP Candidates



IMA Health Manifesto Submitted to MP Candidates



IMA Health Manifesto Submitted to MP Candidates



875th SWC & 310th SCM Meeting at Bhadravathi on 28-04-2024



Printed by M.S. Kamala, Published by Dr. Karunakara B.P. on behalf of or owned by India Medical Association and Printed @ Padmashree Printers, No. 123, 1st 'K' Block, Dr. Rajkumar Road, Rajajinagar, Bangalore - 560 010, and Karnataka State Branch, IMA House, Near IMA Circle, Alur Venkata Rao Road, Chamarajpet, Bangalore - 560 018 Editor **Dr. S.M. Prasad**

Healthcare Finance

Medical Equipment Loan | Leasing | Hospital Infrastructure | Working Capital



BENAKA CAPITAL
For Your Financial Well-Being



- Start-up business funding available
- Loan-to-value up to 95% of equipment
- Interest rates from 8.50% onwards
- Collateral Free Loans up to Rs 10 Crore
- Maximum Loan up to Rs 100 Crore
- Repayment tenure up to 96 months
- 100+ Bank/NBFCs offers to choose from
- Free Door step service anywhere in India

Doctors | Clinics | Nursing Homes
Hospitals | Diagnostic Centers
Medical Colleges | Pharma Companies

Mob: 96633 83550, 88617 94443
Phone: 080 - 4212 3550
www.benakacapital.com

SeCURE Group of Hospitals

SeCURE Hospital is a Tertiary Care multi-specialty hospital Network in Karnataka. The Network currently manages 400+ beds with 75+ Critical Care Beds and has built a remarkable reputation in Quality Patient Care in Tier 2 Cities.

Expanding its Hospital Branches in

Karnataka
Maharashtra



Ways to Collaborate

- Existing hospitals can associate with SeCURE Group.
- Group of Doctors planning to Start New Hospitals can associate with SeCURE Group.

Why Associate with SeCURE?

- Organization Managed by Doctorpreneurs.
- Corporate Chain of 5 Hospitals
- Improving Associated Hospitals to reach to its highest potential and Maximum Capacity.
- Associating Doctors Group shall get Tertiary and Critical care services under one roof.
- SeCURE Group will Infuse Capital in Advanced Medical Equipment.

Reach us to get on to the New Journey

 +91 99860 00761

SeCURE
HOSPITALS
Feel Safe



Indian Medical Association

Karnataka State Branch IMA House, Near IMA Circle
Alur Venkata Rao Road, Bangalore- 560 018
Ph.: +91-80-26703255 | Email : imafocus@gmail.com
Web : www.imakarnataka.in

